**11/2022 VITA**

**RICHARD L. ISAKSON**

Emeritus Clinical Professor Counseling and Career Center, Brigham Young University

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**EDUCATION**

Bachelors: B.A. in Psychology, with a minor in History, from Weber State College, Ogden, Utah, 1970.

Masters: MSED in Educational Psychology and Educational Research, from Bucknell University, Lewisburg, Pennsylvania, 1971.

Doctorate: Ph.D. in Educational Psychology, with minors in Educational Research and Cognitive Development, from Cornell University, Ithaca, New York, 1975.

Additional Graduate course work and practicum experience in psychological assessment,

Graduate psychological and career counseling, and psychopathology at Wichita State

Training: University, from 1979 to 1983, 23 courses completed.

Internship: Completed APA-accredited internship in clinical psychology at the Wichita Collaborative Psychology Internship Program, August 1982 ‑ August 1983.

**CREDENTIALS**

Licensed Psychologist 1988-2013 in the State of Utah

**AWARDS**

2010 BYU **Karl G. Maeser Professional Faculty Excellence Award** in Recognition of Outstanding Accomplishments.

1992 BYU **Student Life Professional Excellence Award** for work done as Director of Training in developing the CDC Pre-doctoral Psychology Internship program.

1989-90 BYU **Student Life Research Award** with Richard Heaps and James MacArthur for work done in developing and evaluating the Heritage Developmental Community Project.

1980 **Educational Press Association of America Award for the Best Feature in the Category of Commercial Adult Articles** for "Whatever Happened to the Waltons?", published in Instructor Magazine, September 1979.

1977 **Kansas State Council of the International Reading Association Award for Outstanding Research in Reading**, with John W. Miller, "Sensitivity to Syntactic and Semantic Cues in Good and Poor Comprehenders."

**PROFESSIONAL EXPERIENCE**

1983‑2013, Clinical Professor of Counseling Psychology in the BYU Counseling and Career Center.

September. 1989 – Sep. 2007, Director of Training, Clinical Professor of Counseling Psychology, and Counseling Psychologist in The Counseling and Career Center, Brigham Young University.

Continuing Faculty Status at BYU granted in March, 1991. Rank advancement from Associate Professor to Full Professor was granted in the 1992-93 year.

1993-1996: Student Life representative to the BYU Faculty Advisory Council (FAC), Chaired the FAC Subcommittee on Administrative and Support Functions, member University Traffic and Parking Committee.

1996 to 1999: 40% joint appointment to BYU Counseling and Special Education Department. Taught Advanced Counseling Practicum, Issues and Interventions in Counseling and Mental Health (Crisis Intervention), served on oral examination committees (master’s and doctoral), and participated on department committees.

1974‑1983: Associate Professor of Educational Psychology, Department of Instructional Services, Wichita State University. Tenured. Taught educational psychology, educational research, learning theory, and child development. Chair and member of many master’s and doctoral committees. Served Graduate Programs Committee and Review Committee for Research on Human Subjects. Elected to University Senate.

1971‑1974: Education Department, Cornell University. Graduate Assistant in general psychology and educational psychology, and Research Assistant under Dr. George McConkie in cognitive processes in reading.

1970‑1971: ESEA Title IV Research Trainee, Bucknell University Department of Education; involved in designing, conducting, analyzing and interpreting educational research.

**PUBLICATIONS** (selected about reading)

Isakson, M. B. with R L. Isakson. (September, 2022). *A Brief Guide to College Reading* (International ed). Provo, UT: BYU Academic Publishing. 11 essential strategies.

Isakson, M. B. with R L. Isakson. (August, 2022). *A Brief Guide to Academic Reading for College.* (3rd ed). Provo, UT: BYU Academic Publishing. 27 essential and advanced strategies

Isakson, M. B. with R L. Isakson. (2021). *Learn more & read faster: A handbook of advanced reading strategies for college success* (4th ed). Provo, UT: BYU Academic Publishing. 31 essential and advanced strategies fully explained.

Isakson, M. B. with R. L. Isakson (2016). *Surviving college reading: A handbook of essential reading strategies for college success* (2nd ed.).Provo, UT: BYU Academic Publishing. 19 strategies

Isakson, R. L.., & Isakson, M. B. (2016). Preparing college students to learn more from academic texts through metacognitive awareness of reading strategies. In K. Mokhtari (Ed.). *Improving reading comprehension through metacognitive reading strategies instruction* (pp. 155-175)*.* Lanham, MD: Rowman & Littlefield.

Isakson, R. L, Isakson, M. B., Plummer, K., & Chapman, S. B. (2016). The development and validation of the *Isakson Survey of Academic Reading Attitudes (ISARA). Journal of College Reading and Learning, 46*(2), 113-138.

Worthen, V., & Isakson, R. (2010). Hope-the anchor to the soul: Cultivating hope and positive expectancy. *Issues in Religion and Psychotherapy, 33*, 47-62.

Isakson, R.L., Lawson, J.M., & MacArthur,J.D. (1987). College student development and college curriculum: What is the connection? *NASPA Journal*, *25*, 70-78.

Isakson, R.L. (1979). Interdependency between comprehension and decoding in oral reading. *Reading Improvement, 16,* 230‑233.

Isakson, R.L., Miller, J.W., & O'Harra, N.J. (1979). Finding the main idea: Can your students do it? *Reading World, 19*, 28‑35.

Isakson, R.L. (1979). Whatever happened to the Waltons? Changes in the American family and how they affect the kids you teach. *Instructor, 89*, 77‑79. (This article has also been published in *Early Childhood Education 80/81*. Guilford, Ct.: The Dushkin Publishing Group, 1980.)

Miller, J.W., & Isakson, R.L. (1978). Contextual sensitivity in beginning readers. *Elementary School Journal, 78*, 325‑331.

Miller, J.W., & Isakson, R.L. (1978). Disruptive effect: A new technique for reading research. *Educational Research Quarterly, 3*, 45‑57.

Isakson, R.L. & Miller, J.W. (1976). Sensitivity to syntactic and semantic cues in good and poor comprehenders. *Journal of Educational Psychology, 68*, 787‑792.

**PAPERS PRESENTED AT PROFESSIONAL MEETINGS** (Selected about reading)

Isakson, M. B., & Isakson, R. L. (2018, October) *Professor’s perceptions about students’ reading compliance.* Paper presented at the Conference of the CRLA. Albuquerque, NM.

Isakson, M. B., Hansen, K., & Isakson, R. L. (2017, May). *Most College Students Aren’t Reading Their Assigned Texts, Why, and What We Can Do about It.* Paper presented at the Regional Conference of the College Reading and Learning Association (CRLA). Brigham Young University, Provo, UT.

Isakson, M. B., & Isakson, R. L. (2016). *Improving college reading by enhancing metacognitive thinking.* Presentation at the Regional Conference of the College Reading and Learning Association. Layton, UT.

Isakson, R. L., & Isakson, M. B. (2015). *Improving academic reading attitudes: Reasons, Constructs, and Assessments.* Paper session at the Conference of the College Reading and Learning Association. Portland. OR.

Isakson, R. L., & Isakson, M. B. (2015). *Getting college students to read their assignments: Carrot, stick, or strategies.* Paper session at the Utah Council of the College Reading and Learning Association. Salt Lake City, UT.

Isakson, M. B., & Isakson, R. L. (2015). *Academic reading strategies: What college students find most useful.* Paper session at the Utah Council of the College Reading and Learning Association. Salt Lake City, UT.

Isakson, M. B., & Isakson, R. L. (2013). *Metacognitively aware, purposeful, and strategic: what professors do as readers that college students would benefit from doing.* Paper session at the Conference of the Literacy Research Association, Dallas, TX.

Isakson, M. B., & Isakson, R. L. (2013). *College students can complete their reading on time and with engagement and in-depth learning—if they know how*. Research Report at the Conference of the College Reading and Learning Association, Boston, MA.

Isakson, M. B., & Isakson, R. L. (2013). *Student to scholar: Teaching college students to read like their professors.* Poster presented at13 the 121st Annual Convention of the American Psychological Association, July 31-August 4, 2013, Honolulu, HI.

Isakson, M. B., Gilbert, J., Loud, Z., & Isakson, R. L. (2010). *Preparing secondary students for the reading demands of college*. Paper presented at the Utah Council of the International Reading Association Conference, Salt Lake City, November 19, 2010.

Isakson, M., Taylor, J., Windham, I., & Isakson, R. (2008). *Principles for course improvement: A case study in collecting feedback*. Paper presented at the Seventh Biennial Conference of the International Consortium for Educational Development, Salt Lake City, Utah, June 12, 2008.

Many other papers presented from 1972 to 2007.

**PROFESSIONAL DEVELOPMENT WORKSHOPS---for professors/teachers**

2015 Isakson, M. B., & Isakson, R. L. *Enhancing Research Reading with Academic Reading Strategies.* Professional development for librarians in Merrill-Cazier Library. Logan, UT: Utah State University. (3-hour workshop)

2014 Isakson, M. B., & Isakson, R. L. *3+3 Strategies to Help Students Read Difficult Texts.*  Professional development for faculty in Ira A. Fulton College of Engineering and Technology. Provo, UT: Brigham Young University. (50-minute presentation)

2014 Isakson, M. B., & Isakson, R. L. *Supporting Academic Reading in the Disciplines.* Professional development for faculty in Nutrition, Dietetics, and Food Science and Biology, Provo, UT: Brigham Young University. (10-hr. workshop)

1979 Isakson, R. L. & Isakson, M. B. *The Ivory Tower Connection: From Basic Research to Classroom Application.* Co-speaker featured at meeting of the Wichita Council of the International Reading Association with Dr. Richard Isakson, Wichita, Kansas.

**WORKSHOPS FOR STUDENTS**:

2013- Isakson, M. B., & Isakson, R. L. *Six Keys for Learning from Difficult College Texts and Remembering What You Read.* Annual workshop presented to students majoring in Dietetics. Provo, UT: Brigham Young University. (80-min. workshop)

2015

present

2015 Isakson, M. B., & Isakson, R. L. *A Workshop of Essential Strategies for Reading Difficult Academic Texts and Remembering What You Read.* Workshop presented to Advanced Placement students. Provo, UT: Provo High School. (4-hour workshop)

2014 Isakson, M. B., & Isakson, R. L. Isakson, M. B., & Isakson, R. L. *Workshop presented to students in project-based course on integrating scripture study with technology*. Provo, UT: Brigham Young University.

2013 Isakson, M. B., & Isakson, R. L. *Learning from Text.* Workshop presented to second graders, Albuquerque, NM: Zuni Elementary School.