***Advanced Reading Strategies for College Success Course:*28 Strategies that Make a Difference**

A course to teach you essential and scholarly reading strategies, to apply them with metacognitive awareness, and to use flexible reading rates with your academic reading. It has been offered as a traditional course and as a flipped course.

Target audience:  college upperclassmen, graduate students, and diligent underclassmen.

Description:

[](http://www.isaksonliteracy.com/wp-content/uploads/2013/10/100413_pe_1243.jpg)As now constituted, this two-credit hour course teaches 28 strategies: 50 minutes twice a week.

Flipped Model: Before class you read about the strategy in handbook, watch a demonstration of it, and practice it on your own text.  During class you debrief out-of-class learning experiences, are coached while practicing strategies on texts for your other classes, debrief the practice session, and have occasional speeding up labs and strategy-integration days.  After class you practice on your own texts.

The Traditional Model: Same as the Flipped Model except you only read about the strategy before class, and during class, you do the same plus review the strategy more and watch a short demonstration.  After class you watch the full video demonstration and practice on your own texts. This has been offered as an 80-minute class twice a week with a built-in speeding-up lab, held the last 20 minutes of class.

In both versions, you learn ten principles for speeding up your academic reading.  You also learn and practice 10 types of speeding-up drills using a pacing device: the Increase App or ReadMateTM.  The purpose is less about becoming a speed reader and more about helping you complete your challenging academic texts with good understanding and in a timely way.

Growing out of our research with expert readers and college readers, we have developed, taught, and refined the course *Advanced Reading Strategies for College Success.*Both course formats (traditional and flipped) are hands-on workshops where you learn and practice strategies to process texts to make sense, remember, speed up when appropriate, and think critically and creatively.

Each course format addresses five essential questions:

*1. What effective strategies can I use before, during, and after reading to actively construct meaning and remember important information?*  
*2. How can I speed up my reading while being sure I understand the important points?*  
*3. How do I adapt the reading strategies to the wide variety of texts I have to read and under what conditions, why, and how could I integrate and adapt each strategy?*  
*4. What can I do to avoid undue stress about my reading assignments and instead fully engage in the reading experience with skill and confidence?*  
*5. What can I do to become a more scholarly, critical, and creative reader of academic texts?*

In this course offered since 2007 we have witnessed significant student progress in comprehension, reading rate, reading attitude, and metacognitive awareness.  [Click here for research results.](https://www.isaksonliteracy.com/effectiveness/)

Materials for this course include the *Learn More & Read Faster Handbook*and a pacing device.

1. The handbook *Learn More & Read Faster,*4th© 2021, 358 pages. Order [here](http://www.byustore.com/9781611650334-BYU-CUSTOM-Learn-More-and-Read-Faster-3E).
2. A pacing device to increase your reading rate. Choose ONE of these:
   * The *Increase App*: available for your smart phone at [https://increaseapp.com](https://increaseapp.com/). For questions, e-mail: support@increaseapp.com; cost: $9.99.            OR
   * The *ReadMate:* a handheld device about the size of a small cassette player is no longer being produced, but you might be able to find a used one on the internet, eBay, etc. See a [photo of ReadMate](https://www.isaksonliteracy.com/readmate/) here.