

**Rocket Powered Reading—Basic (RPR-B)**ThinkSheet for Speeding Up

Materials needed: timer, easy novel, someone to clap, NO pacing device, Basic Plot Outline (p. 263), Speeding-Up Chart (p. 276)

| Step | Learning Activities: check off some, write for some   | I did it.   |
|------|---|-------------|
| 1    | <p style="text-align: center;"><b>Select a Text</b></p> <p>For now, the purpose is to learn a process rather than to learn content. Choose content that will be easy to process. This may be a novel you have previously read, a novel of a movie you have seen, or an easy novel, such as a young adult novel or even an upper elementary novel.<br/>What text did you choose?<br/>Why this text?</p>  |             |
| 2    | <p style="text-align: center;"><b>Preview and Start to Read Carefully</b></p> <p>Read the cover and blurb on the back for fly leaf, if any. Then read the first chapter carefully for about 5 minutes using the Underline or Phrase-Pointing hand motion (p. 245). Your task is to discover or predict the plot problem, setting, and characters.<br/><br/>Download for 3 minutes on the Basic Plot Outline, p. 263.</p>  | —<br>—      |
| 3    | <p style="text-align: center;"><b>Grab Information and Impressions</b></p> <p>Starting with a full-length page you have just read, practice reading about 1 ½ inch blocks of print using peripheral vision side to side and up and down. Use the zigzag hand motion.<br/><br/>You are to grab information and impressions off the page by looking for the main content-bearing words—nouns and verb. With these few clues you infer meaning. You process impressions, images, words, phrases, and snatches of information and mentally piece together a feasible meaning; you are NOT reading sentences nor the words in order.<br/><br/>Ask someone to clap every ten seconds. Each time you hear the clap, turn to the next page. Try to keep up with this rate of ten seconds per page. Do this for 3 minutes and download for 2 minutes on the plot outline. You may look back to verify and clarify.</p> | —<br>—      |
| 4    | <p style="text-align: center;"><b>Talk-Aloud Technique</b></p> <p>Do the following exercise to break the habit of having to say words or sentences in your mind. Mumble ALOUD a nonsense phrase over and over, such as “Jack &amp; Jill” or “Grandpa” or “money.” Keep your voice “busy” so subvocalizing sentences is impossible. Do not allow your eyes to slow down.<br/><br/>Start from where you ended the second reading task. Mumble a nonsense phrase and grab information and impressions off the page as described in Step 3. Infer meaning.<br/><br/>Have the person again clap every 10 seconds for 3 minutes. Move to the next page with every clap. Then download for 2 minutes on the plot outline. You may verify and clarify.</p>  | —<br>—<br>— |
| 5    | <p style="text-align: center;"><b>Zigzag, Vertical, or Question-Mark Hand Motion</b></p> <p>Use a zigzag, vertical, or question-mark hand motion. Read using the talk-aloud-technique but in your head, silently. Continue to use your peripheral vision to process information and impressions from words and phrases rather than whole lines or whole sentences. Infer meaning.<br/><br/>Do this visual reading for 5 minutes with someone clapping every 10 seconds. Download for 3 minutes on the plot outline. You may look back to verify and clarify.<br/>Finish the book using any or all of Steps 3, 4, and 5.</p>   | —<br>—      |
| 6    | How did this experience go for you today? Were some procedures harder than others for you? Which? And Why?  |             |

# The Basic PLOT Outline

Use with RPR-B and NOS

Title \_\_\_\_\_ Author \_\_\_\_\_

# of pages \_\_\_\_\_ Average words per line \_\_\_\_\_

My Purposes for reading this text:

Climax, Crisis (the moment that changes everything):

Major Characters: \_\_\_\_\_  
Goals of Characters: \_\_\_\_\_  
Minor Characters: \_\_\_\_\_

Opening Situation:

Problem to be Solved:

Author's Theme:

Setting:  
Time period \_\_\_\_\_  
Places \_\_\_\_\_

Resolution:

Symbols? Of what?

Conflicts:

