

RUBRICS for Demonstrating the Speeding-Up Drills

Use these rubrics to assess if you can do each. For each drill show someone how to do each task and explain how you are doing it and the reasoning behind this step. Have them check off each step and sign name.

Pacing Device Use and LEVEL Drill (Lv Drill)

(See p. 247)

Explain how and why to do each task while demonstrating the procedures:

- turn on the pacing device
 - adjust all five the features of pacing device
 - select the appropriate LRR (not too fast but pushing you)
 - set up the Level drill:
 - preview and put on sticky tabs
 - set purpose
 - select the correct function key
 - start the pacing device Level drill on own text
 - use a hand motion to pace yourself
 - download
 - record on the Speeding-Up Chart (see sample p. 277, col. 2)
- Signed: _____

LADDER Drill (Ld Drill)

(See p. 247)

Explain how and why to do each task while demonstrating the procedures:

- set up the Ladder drill on the pacing device
 - decide when and how to increase LRR
 - start the Ladder drill on own text
 - start again after downloading
 - record on the Speeding-Up Chart (see sample p. 277, col. 3)
- Signed: _____

PUSH-UP Drill (P Drill)

(See p. 248)

Explain how and why to do each task while demonstrating the procedures:

- set up the Push-Up drill on the pacing device
 - download when the pacing device pauses
 - start again when ready
 - place sticky tabs after the fourth download when the LRR remains high
 - record on the Speeding-Up Chart (see sample p. 277, col. 4)
- Signed: _____

PUSH-UP/ACCELERATION Drill (PA Drill)

(See p. 249)

Explain how and why to do each task while demonstrating the procedures:

- set up the text for the PA drill
 - set up the PA drill on the pacing device with sticky tabs
 - pause the pacing device at each sticky tab to download
 - start again when ready
 - record on the Speeding-Up Chart (see sample p. 277, col. 5)
- Signed: _____

ACCELERATION Drill (A-Drill)

(See p. 250)

Explain how and why to do each task while demonstrating the procedures:

- set up the Acceleration Drill on the pacing device
 - decide where to place the sticky tabs for downloading
 - decide the beginning LRR
 - pause the pacing device to download
 - start again after downloading
 - switch to L from A at the right time
 - record on the Speeding-Up Chart (see sample p. 277, col. 6)
- Signed: _____

HAND MOTIONS for Speeding Up (HM)

(See video and/or p. 245)

Explain how, when, and why to do each hand motion while demonstrating them:

- the underline hand motion
 - the phrase-pointing hand motion
 - the "Love This Text" hand motion
 - the dusting hand motion
 - the vertical hand motion
 - the question mark hand motion
 - the Z hand motion
 - (optional) any two additional hand motions learned from Frank (1990, Chapter 5) or elsewhere. Describe each.
- Signed: _____

ACCELERATION 3 to ACCELERATION 1 to LEVEL Drill (A-Lv)

(See p. 251)

Explain how and why to do each task while demonstrating the procedures:

- decide where to place the sticky tabs for downloading
 - decide the beginning LRR
 - do A3, pause the pacing device and download
 - do A2, pause and download
 - do A1, pause and download
 - do Lv, pause and download
 - continue with Lv to the end of the text, pausing to download
 - record on the Speeding-Up Chart (see sample p. 277, col. 8)
- Signed: _____

ROCKET-POWERED READING Basic Drill (RPR-B)

(See pp. 252-253)

Explain how and why to do each task while demonstrating the procedures on easy novels:

- the first five minutes of reading
 - download the first time on the Basic Plot Outline ThinkSheet (p. 263)
 - grab information and impressions from key words
 - break the habit of reading sentences in your mind
 - use vertical or question mark hand motions
 - do the three layers of reading at appropriate speeds
 - record on the Speeding-Up Chart (see sample p. 277, col. 9)
 - complete ThinkSheet, both pages
- Signed: _____

ROCKET-POWERED READING Textbook Drill (RPR-T)

(See p. 254)

Explain how and why to do each task while demonstrating the procedures for an informational text:

- do the *Skeleton* reading task with the pacing device
 - do the overview reading task with the pacing device
 - do the close reading without the pacing device
 - do the *Postview* with the pacing device
 - choose the hand motions that work best with each layer
 - record on the Speeding-Up Chart (see sample p. 277, col. 10)
 - complete ThinkSheet, both pages
- Signed: _____

NOVEL IN ONE SITTING Drill (NOS)

(See p. 255)

Explain how and why to do each task while demonstrating the procedures on a novel:

- preview the novel
 - place sticky tabs at end of 1st chapter & beginning of last chapter
 - read the first chapter
 - download the first time on the Basic Plot Outline ThinkSheet (p. 263)
 - place two more sticky tabs between first and last tabs to divide intervening text into three equal parts
 - read the remaining chapters using the three steps:
 - read the first page of chapter carefully
 - read the rest of the chapter by reading the first line of paragraphs and grab rest with “Z” motion (2-3 Zs per page)
 - read the last page of chapter carefully
 - clarify or verify when necessary
 - catch up if you are behind when timer goes off for each segment
 - read carefully the chapter with the climax of the story
 - download the second time on the Basic Plot Outline ThinkSheet
 - record on the Speeding-Up Chart (see sample p. 277, col. 11)
 - complete ThinkSheet, both pages
- Signed: _____

WEAN Drill #1 (W1-Drill)

(See p. 256)

What materials does reader need for Wean Drill #1? ____ List 6 things

Explain how and why to do each task while demonstrating the procedures:

- set up the Wean Drill #1 on the pacing device
 - choose the right pacing device function for this drill
 - decide the beginning LRR
 - start the pacing device for this Wean Drill
 - put sticky tab when the pacing device pauses before downloading (then download)
 - from the amount read, predict how far to read next and place the next sticky tab
 - turn off the pacing device
 - set the timer for the same amount of time
 - when time is up assess reading rate and evaluate
 - repeat drill alternating with and without pacing device
 - record on the Speeding-Up Chart (see sample p. 277, col. 12)
- Signed: _____

WEAN Drill #2 (W2 Drill)

(See p. 256)

What materials does reader need for Wean Drill #2? ____ List 6 things

Explain how and why to do each task while demonstrating the procedures:

- estimate the average words per line for this text and where to record it
 - state the four reading rate reasons
 - decide the best rate reasons for your text and reading purpose
 - set up the Words Per Minute Chart
 - set the timer for 1 minute
 - when time is up, mark the ending word and calculate LPM
 - download for that amount of text
 - calculate words per line and words minute and record it on WPM chart (p. 278)
 - use the Words Per Minute Chart to track your progress occasionally. Compare the same rate reasons for the same text
 - record on the Words-Per-Minute Chart and on the Speeding-Up Chart (see sample p. 277, col. 13)
- Signed: _____