

Introduction to Speeding Up Your Academic Reading

ThinkSheet

Order	Learning Activities (some you do and check off; for others you write responses.)	I did it.
1	<p>Learn the 10 Principles for Speeding Up Your Academic Reading. Do these tasks:</p> <ul style="list-style-type: none"> • Read the list on page 239, col. #1. • Study the essay on pages 239-41, and be able to explain each principle, • View the PPT “Speeding Up Your Academic Reading” (available to enrolled students). <p>List 2 questions you want answered:</p> <p>1. _____</p> <p>2. _____</p>	<p>—</p> <p>—</p> <p>—</p>
2	<p>Without looking at the explanation again in the handbook or PPT, explain the ten principles briefly below:</p> <ol style="list-style-type: none"> 1. Preview: 2. Purpose: 3. Muscles: 4. Push, Risks, & Patience: 5. Phrases: 6. Pacer: 7. Maximize Time: 8. Download: 9. Quick Code: 10. Practice: 	
3	<p>Read how to deal with and why to stick with the reading when you feel you are getting nothing out of the reading because you are going too fast (Principle #4 on p. 240)</p> <p>Explain in your own words here:</p> <p>Read about the role of speeding up during academic reading (p. 242, column 1) and study the Continuum (p. 266)—notice when the pacing device is used. Briefly state the role of speeding up:</p>	<p>—</p> <p>—</p>
4	<p>Study “Using a Pacing Device” on pp. 242-243.</p> <p>Watch Video #3: <i>The Parts of the ReadMate and How They Work</i> (if available through your course).</p> <p>Adapt it for the Increase App. Point to each feature of the pacing device and explain its function.</p>	<p>—</p> <p>—</p> <p>—</p>

5	<p>Read about the differences between Function L for Level [Lv] and Function L for Ladder [Ld] (p. 247).</p> <p>Speculate the conditions when each of these drills would be the best choice to use:</p> <p>Level (Lv):</p> <p>Ladder (Ld):</p>	—
6	<p>Read about the Speeding-Up Chart, p. 274.</p> <p>Study the instructions for the chart, p. 275.</p> <p>Point where to record each of the ten items required for each practice session.</p> <p>What is the one thing you must add up before turning in the chart (p. 276)? _____ (if requested for your course)</p>	—
7	<p>Ask someone to watch you demonstrate and explain the use of the pacing device. Include HOW and WHY to do each step and WHEN to do the Level drill. Who? _____ Have that person check off below:</p> <p style="text-align: center;">Pacing Device Use and LEVEL Drill (Lv Drill) (See p. 247)</p> <p>Explain how and why to do each task while demonstrating the procedures:</p> <ul style="list-style-type: none"> <input type="checkbox"/> turn on the pacing device <input type="checkbox"/> adjust all five the features of pacing device <input type="checkbox"/> select the appropriate LRR (not too fast but pushing you) <input type="checkbox"/> set up the Level drill: <ul style="list-style-type: none"> <input type="checkbox"/> preview and put on sticky tabs <input type="checkbox"/> set purpose <input type="checkbox"/> select the correct function key <input type="checkbox"/> start the pacing device Level drill on own text <input type="checkbox"/> use a hand motion to pace yourself <input type="checkbox"/> download <input type="checkbox"/> record on a copy of the Speeding Up Chart (see sample p. 277, col. 2) 	—
8	<p>Read the expectations for earning an “A” on the <i>Speeding-Up Chart</i> (see Syllabus, for enrolled students only)</p>	—
9	<p>Read the introduction to “Speeding-Up Tips for Electronic Texts” p. 244. Then glance over the four points and read the fifth point carefully.</p>	—
10	<p>Explain below in your own words the importance of regular practice for learning a new skill such as speeding up (See “<i>Practice Deliberately</i>,” p. 6, Principle #10, p. 241, as well as #5, p. 245).</p>	—
11	<p>Do a 30-minute Level speeding-up drill on an easy novel (see p. 326 for a list of suggested texts.) Record the drill on your Speeding-Up Chart (p. 276). See sample p. 277, col. 2.</p>	—
12	<p>Describe your experience trying the pacing device for the first time.</p> <p>What are your reactions, questions, comments about using a pacing device and the Speeding-Up Chart?</p>	—